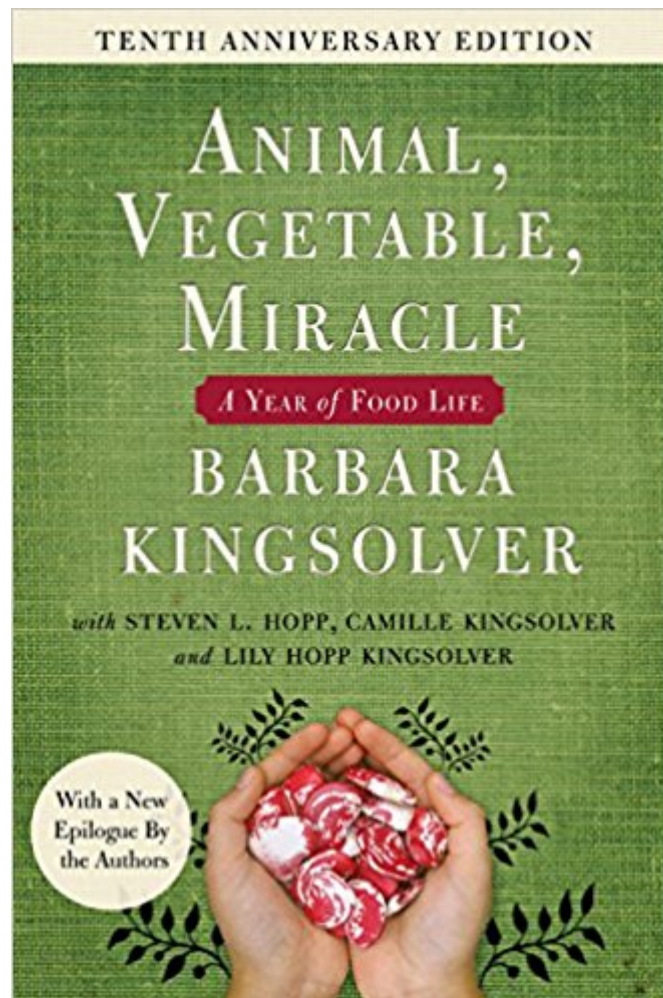




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Animal, Vegetable, Miracle - Tenth Anniversary Edition: A Year Of Food Life



Synopsis

A beautiful deluxe trade paperback edition celebrating the 10th anniversary of Barbara Kingsolver's New York Times bestseller, which describes her family's adventure as they move to a farm in southern Appalachia and realign their lives with the local food chain. Since its publication in 2007, *Animal, Vegetable, Miracle* has captivated readers with its blend of memoir and journalistic investigation. Newly updated with original pieces from the entire Kingsolver clan, this commemorative volume explores how the family's original project has been carried forward through the years. When Barbara Kingsolver and her family moved from suburban Arizona to rural Appalachia, they took on a new challenge: to spend a year on a locally-produced diet, paying close attention to the provenance of all they consume. Concerned about the environmental, social, and physical costs of American food culture, they hoped to recover what Barbara considers our nation's lost appreciation for farms and the natural processes of food production. Since 2007, their scheme has evolved enormously. In this new edition, featuring an afterword composed by the entire Kingsolver family, Barbara's husband, Steven, discusses how the project grew into a farm-to-table restaurant and community development project training young farmers in their area to move into sustainable food production. Camille writes about her decision to move back to a rural area after college, and how she and her husband incorporate their food values in their lives as they begin their new family. Lily, Barbara's youngest daughter, writes about how growing up on a farm, in touch with natural processes and food chains, has shaped her life as a future environmental scientist. And Barbara writes about their sheep, and how they grew into her second vocation as a fiber artist, and reports on the enormous response they've received from other home-growers and local-food devotees. With Americans' ever-growing concern over an agricultural establishment that negatively affects our health and environment, the Kingsolver family's experiences and observations remain just as relevant today as they were ten years ago. *Animal, Vegetable, Miracle* is a modern classic that will endure for years to come. "Cogent and illuminating...Without sentimentality, this book captures the pulse of the farm and the deep gratification it provides, as well as the intrinsic humor of the situation." —Janet Maslin, New York Times

Book Information

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Cooking Methods > Organic

Customer Reviews

When Barbara Kingsolver and her family moved from suburban Arizona to rural Appalachia, they took on a new challenge: to spend a year on a locally produced diet, paying close attention to the provenance of all they consumed. Concerned about the environmental, social, and physical costs of American food culture, they hoped to recover what they consider our nation's lost appreciation for farms and the natural processes of food production. Since 2007, their experiment has evolved enormously. In this special anniversary edition, featuring a new epilogue by the entire Kingsolver family, they discuss how the project has grown. Not only have they incorporated their food values into all of their lives, but Steven now runs a farm-to-table restaurant and community development venture that trains young farmers in their area to move into sustainable food production. With Americans' growing worry about the toll of an industrial food system on their health and environment, the Kingsolver family's experiences and observations remain just as relevant today as they were ten years ago. *Animal, Vegetable, Miracle* is a modern classic that will endure for years to come. --This text refers to an out of print or unavailable edition of this title.

Barbara Kingsolver's work has been translated into more than twenty languages and has earned a devoted readership at home and abroad. She was awarded the National Humanities Medal, our country's highest honor for service through the arts. She received the 2011 Dayton Literary Peace Prize for the body of her work, and in 2010 won Britain's Orange Prize for *The Lacuna*. Before she made her living as a writer, Kingsolver earned degrees in biology and worked as a scientist. She now lives with her family on a farm in southern Appalachia. Camille Kingsolver graduated from Duke University in 2009 and currently works in the mental health field. She is an active advocate for the local-food movement, doing public speaking for young adults of her own generation navigating food choices in a difficult economy. She lives in Asheville, N.C., and grows a vegetable garden in her

front yard. Steven L. Hopp was trained in life sciences and received his PhD from Indiana University. He has published papers in bioacoustics, ornithology, animal behavior and more recently in sustainable agriculture. He is the founder and director of the Meadowview Farmers Guild, a community development project that includes a local foods restaurant and general store that source their products locally. He teaches at Emory & Henry College in the Environmental Studies department. He coauthored *Animal, Vegetable, Miracle* with Barbara Kingsolver and Camille Kingsolver.

Best ever!

Good info infused throughout story but at times a little too technical

I do not generally review books but this book is life changing. I have read it more than once and each time I love it more and more. Kingsolver makes me want to be a better homemaker, cook, consumer, mother and person. She inspires us to really think about our food and our lifestyle. It has been a while since I read this...I think I need to read it again. Also...a completely different type of book, but Kingsolver's *The Poisonwood Bible* is phenomenal.

Kingsolver as storyteller shines in sections about their lives on the farm. Those are interspersed with a ton of dryer information sections, but those are short, and interesting! You quickly realize this is not a gimmick but the end of a life-long journey. And who will ever forget Lilly and her chickens or the Red Bourbon turkey hen named Lolita!

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